



RAVE REVIEWS

By Angela T. Frizalone

ADORA Who Ever Knew Calcium Could be so Decadent!

Despite the fact that the FDA's daily calcium recommendation is 1,000 mg, most people don't get enough calcium-rich food options that are convenient. Adora™ is a gourmet chocolate. Two essential amounts of calcium in one bite.



REVIVAL Soy Anyone?

Soy has surged in popularity due to its numerous health benefits. Revival™ Soy provides a patented formula of soy that make one bar or shake equivalent to six cups of regular soy milk. Revival™ Soy can be found at www.soy.co or 1-800-REVIVAL.

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LUNA SUNRISE First Morning Nutrition Bar for Women

IMMUNE PERFECT™ Works Like a "Firewall" for the Skin

The renowned anti-aging company, B & P Company would like to introduce the first biologically active facial skin treatment with a fully active delivery system. When applied to the skin, the caramel colored emulsion in Immune Perfect™ becomes clear and immediately penetrates, leaving no surface residue. It contains no fragrance and should be used twice daily. It's also "skin smart" to automatically adjust to your skin type and tone. The synergistic delivery system of Immune Perfect combines the most effective active ingredients for preventing oxidation and formation of free radicals at the skin's cellular level. Suggested retail price for Immune Perfect is \$65. Available online at <http://www.frownies.com> and at specialty department stores nationwide.



VERSAROLL Stability on a Roll

While the stability ball is not new to fitness, it can sometimes be too challenging and intimidating for some users. Power Systems™ has introduced a single-plane stability ball option with the VersaRoll™. The capsule-like shape of the VersaRoll limits stability training to either a front-to-back or side-to-side motion, allowing the user more control and confidence. It's the ideal stability-training tool for beginners. Additionally, the VersaRoll can add variety to yoga, Pilates, pre/postnatal, flexibility, seniors, kids, strength and core training programs. These colorful, nonintimidating, easy-to-use balls will fit all ages, shapes and sizes. Available in 50 cm (red) and 60 cm (blue); burst-resistant up to 500 pounds.



Moms: Get Your Bodies Back Fast with Everslim

Everslim™ is doctor-formulated for moms who want to:

- Lose weight fast
- Control appetite
- Increase energy during the day
- Feel relaxed at night
- Get their bodies back fast!
- Combine with a healthy, active lifestyle. Get yours today! Access Everslim.com.



LIFEWAY LOWFAT KEFIR An Ancient Drink Whose Time has Come

Discover Lifeway® Kefir, the low-fat, high-protein, yogurt-style beverage that offers an endless list of health benefits. Its 10 live and active probiotic cultures balance your inner ecosystem by contributing to a healthy immune and digestive system. Plus, it boosts energy, helps with lactose intolerance and may promote weight loss. Think of it as well-being in a bottle. No longer just a mystical beverage, kefir is an ancient drink whose time has come. Smooth and creamy Lifeway Kefir is available in delicious flavors like no-sugar-added plain and tangy pomegranate, a hot new flavor that has captured kefir lovers everywhere. Go to www.lifeway.net



THE NEW CENTERG An Elliptical Machine, Right?

Not anymore... KeysFitness® recently launched a cutting-edge trainer designed for home usage that's as innovative as it is sleek and contemporary. The new centerG is engineered with patented center-drive technology to ensure a comfortable, natural-feeling workout. The centerG is affordable, compact and interactive. KeysFitness offers gym-quality equipment for the home to aid in maintaining a fit and healthy lifestyle in the midst of your hectic day! For more information on the full line of products, visit www.keysfitness.com.

